

Neurotoxicology of nicotine and tobacco

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1. Introduction

Nicotine is the primary psychoactive ingredient in tobacco. Nicotine-driven tobacco addiction is the cause of substantial toxicity, including neurotoxicity, much of which is due to the wide variety of other toxic chemicals in tobacco. However, nicotine itself can also cause neurotoxic effects. The primary determinant of nicotine neurotoxicity is developmental phase during which exposure occurs. Nicotine has long been well-characterized as a developmental neurotoxicant because cholinergic systems play critical roles controlling neurodevelopment (Abbott and Winzer-Serhan, 2012; Slikker et al., 2005; Slotkin, 2004). A great number of experimental studies have demonstrated the persisting neural and behavioral toxicity of nicotine in animal models primarily in mice and rats, but also in other species including zebrafish and monkeys. The vulnerability to nicotine neurotoxicity extends to adolescence. In adulthood there is less evidence for neurotoxicity of nicotine apart from nicotine-driven tobacco addiction and more recently addiction to e-cigarettes. There is less evidence

of addiction to other forms of nicotine delivery such as gum or skin patches. In fact, there is evidence for potential therapeutic efficacy for nicotine in the treatment of cognitive impairments seen with attention deficit hyperactivity disorder (ADHD), Down's syndrome, schizophrenia and aging related cognitive impairments including Alzheimer's disease. These studies have primarily used nicotine skin patches as the delivery device. Because nicotine neurotoxicity varies so substantially over the life span, this discussion is organized by life stage. Particular neurotoxic risks are caused by nicotine during prenatal and neonatal development as well as during adolescence compared with adult and aging life phases.



2. Prenatal and neonatal development

A substantial number of studies have shown that nicotine exposure during early development causes long-term neural and behavioral toxicity (Levin and Abreu-Villaça, 2018). Prenatal nicotine in mice caused significant locomotor hyperactivity (Ajarem and Ahmad, 1998). Prenatal nicotine exposure disrupts connectivity between the thalamus and neocortex (Heath et al., 2010; King et al., 2003). Prenatal nicotine exposure in mice significantly altered the glutamate/GABA balance in the lateral dorsal tegmental nucleus which is the source of cholinergic projections controlling activity of ventral tegmental dopamine neurons (Polli and Kohlmeier, 2019). The concentration of nicotinic receptors in the brains of mice peaks during the neonatal period with a preponderance of high affinity sites and declines over the rest of the lifespan with a diversification of nicotinic binding to include both low and high affinity sites (Zhang et al., 1990).

In rats, our studies have shown that chronic nicotine exposure during gestation causes neural and behavioral dysfunction that persists into adulthood even with low levels of exposure modeling exposure to second-hand tobacco smoke. Fig. 1 shows that nicotine administered together with the complex mixture of tobacco smoke extract (TSE) produces significant locomotor hyperactivity in the offspring compared to vehicle controls as well as compared to the same dose of nicotine given alone (Hall et al., 2016). Fig. 2 shows the persisting working and reference memory impairment in the 16-arm radial maze of female offspring of dams exposed to TSE during the second half of gestation (Cauley et al., 2018). Prenatal TSE exposure also caused persistently altered cholinergic and serotonergic transmitter systems in the offspring (Slotkin et al., 2017).

Adolescent Locomotor Activity in the Figure-8 Apparatus

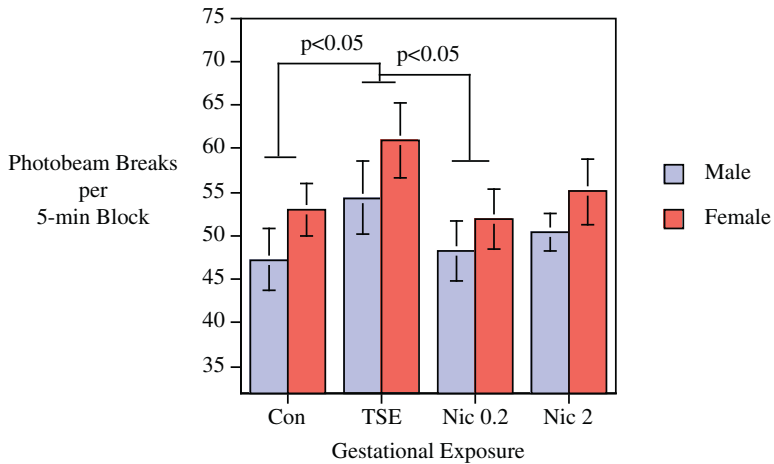


Fig. 1 Comparison of the effects of maternal exposure to nicotine alone vs nicotine in tobacco smoke extract (TSE) on offspring locomotor activity in the figure-8 maze (mean ± SEM). Low dose (0.2 mg/kg/day) nicotine in TSE caused significant locomotor hyperactivity relative to controls as well as the same dose of nicotine alone (Hall et al., 2016).

Developmental Tobacco Smoke Extract Effects on Radial-Arm Maze Initial Training Choice Accuracy

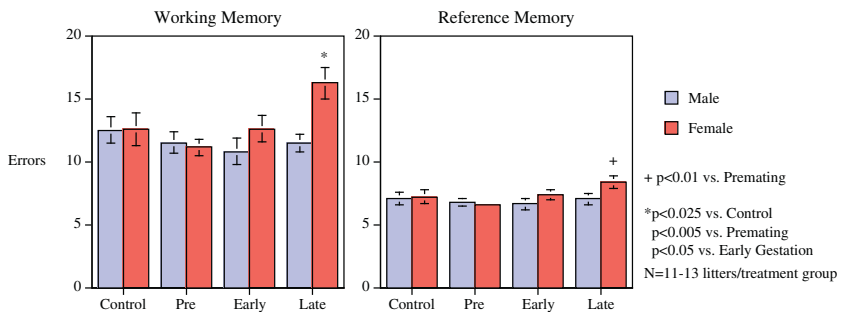
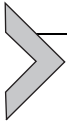


Fig. 2 Tests of effects of maternal pre-mating vs early or late gestation exposure to tobacco smoke extract (TSE) on offspring choice accuracy in the 16-arm radial maze showed that late gestational TSE exposure significantly increased both working and reference memory errors in female offspring (mean ± SEM) (Cauley et al., 2018).

The developmental neurotoxicity of nicotine generalizes beyond mammals. Complementary species can be useful in the study of developmental nicotine neurotoxicity. In zebrafish our studies have found that exposure to nicotine during the first 5 days after fertilization significantly increased

startle response in adulthood (Crosby et al., 2015). Sea urchin and chick embryos are also sensitive to the developmental toxicity of nicotine (Buznikov et al., 2003; Yanai et al., 2010).



3. Adolescence

Adolescence is also a period for enhanced neurotoxicity with nicotine exposure (Korpi et al., 2015; Kwan et al., 2020; Ren et al., 2022; Slotkin, 2004). Slotkin and co-workers have demonstrated that nicotine exposure during adolescence causes persisting neurotoxic effects in rats (Slotkin, 2004). Chronic nicotine administration causes an increase in nicotinic receptor number in adult rats (Marks et al., 1983; Schwartz and Kellar, 1983). This effect is prolonged with chronic nicotine exposure in adolescent rats (Trauth et al., 1999). Adolescent male and female rats self-administered greater amounts of nicotine than rats that started in young adulthood. During adolescence males showed a greater increase than females, but females showed a more persisting increase in nicotine self-administration than males as the rats continued self-administration into adulthood (Levin et al., 2003, 2007, 2011). This may be related to the increase in impulsiveness with nicotine in adolescence (DeBry and Tiffany, 2008).



4. Adulthood

Compared to younger ages there is much less evidence of nicotine neurotoxicity in adulthood. Nicotine can at higher doses cause convulsions (Broide et al., 2002; Damaj et al., 1999; Yamamoto et al., 1966). The main neurotoxic concern of nicotine in adults is the fact that nicotine is the principal driving force underlying tobacco addiction by which other neurotoxic chemicals are self-administered. Chronic nicotine administration does temporally increase the concentrations of nicotinic acetylcholine receptors in adults (Marks et al., 1983; Schwartz and Kellar, 1983).

There have been studies of the use of nicotine skin patches to alleviate the cognitive impairments seen in adults with ADHD (Conners et al., 1996; Levin et al., 1996a), Down's syndrome (Seidl et al., 2000) and schizophrenia (Levin et al., 1996b).



5. Aging

Nicotine has been investigated as a possible therapeutic agent in aging-related cognitive impairments such as, age-associated memory impairment,

mild cognitive impairment and Alzheimer's disease (Newhouse et al., 2012; White and Levin, 1999, 2004) as well as the motor dysfunction of Parkinson's disease (Tizabi et al., 2021) and symptoms of depression (McClernon et al., 2006). There is evidence for the efficacy of nicotine for improving cognition in aging (Newhouse et al., 2012; White and Levin, 1999, 2004), though further research is needed. Few adverse effects of acute or chronic nicotine skin patch treatments have been seen in chronic experimental human studies (Newhouse et al., 2012; White and Levin, 1999, 2004).



6. Future directions

The neurotoxic risks of nicotine and the complex mixture of tobacco including nicotine have been well characterized with differential effects seen over the lifespan. Of course, further research is needed for better understanding of nicotine's neurotoxicity. Paternal nicotine exposure prior to conception (2mg/kg/day for 56 days via sc osmotic minipump) has been shown to alter sperm DNA methylation (Schrott et al., 2020) and cause long-term neurobehavioral alterations including locomotor activity and impaired habituation (Hawkey et al., 2019). Specifically, paternal nicotine exposure caused locomotor hyperactivity in male offspring, reversing the typical sex difference in locomotor activity in the figure-8 maze (Fig. 3).

Exposure to nicotine is never alone with tobacco use. Tobacco contains thousands of other compounds, some like benzo[a]pyrene (BaP) that are known neurotoxicants. We have found that prenatal exposure to nicotine + BaP causes greater persisting neural and behavioral impairments than either alone. In addition to BaP there are other polycyclic aromatic hydrocarbons that remain understudied. In addition, neurotoxic heavy metals such as cadmium are also found in tobacco (Satarug and Moore, 2004). Many studies have documented the neurotoxic effects of cadmium (Wang and Du, 2013; Wright and Baccarelli, 2007).

E-cigarettes have a much simpler chemistry, but they also can present neurotoxic risk (Ruszkiewicz et al., 2020). They contain nicotine and other potentially neurotoxic chemicals that could exacerbate the neurotoxicity of nicotine (Clapp and Jaspers, 2017; DeVito and Krishnan-Sarin, 2018). Lead has been found in the vapor output of some e-cigarettes (Eshraghian and Al-Delaimy, 2021). Of course, the neurotoxic effects of lead are very well characterized, especially with exposure during development (Grandjean and Landrigan, 2014). The interactive neurotoxic potential of nicotine + other chemicals in e-cigarettes needs further study.

Paternal Nicotine Exposure Effects on Locomotor Activity in Adolescent Offspring

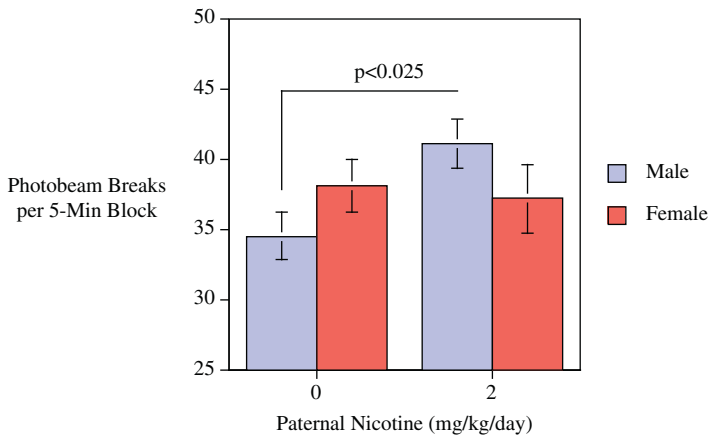


Fig. 3 Paternal pre-mating nicotine significantly increases locomotor activity in their male offspring (mean \pm SEM) (Hawkey et al., 2019).

Pesticides have been found in tobacco (López Dávila et al., 2020). Pesticide neurotoxicity, especially with exposure during development, is very well characterized (Abreu-Villaça and Levin, 2017, 2018). Pesticide plus nicotine interactions have not been well enough studied. The rest of the very complex mixture of tobacco remains to be studied regarding its potentiation of nicotine's neurotoxicity. In initial studies our studies have found that nicotine together in the complex mixture of tobacco smoke extract produced greater neural and behavioral impairment than the same dose of nicotine alone (Hall et al., 2016). However, this tobacco smoke extract did not include the gaseous chemicals present in tobacco smoke. Carbon monoxide (CO) is of particular concern, given its known neurotoxic effects. There has been some earlier study of CO which also causes developmental neurotoxicity (Mactutus, 1989). However, the combined neurotoxicity of nicotine and CO and other constituents of tobacco smoke should be further studied.

In addition to the complex chemical exposure of nicotine from tobacco and e-cigarettes, nicotine is often taken together with other known neurotoxic drugs of abuse such as alcohol, opiates, stimulants and cannabis which is itself a complex mixture. How nicotine neurotoxicity might be exacerbated by these co-exposures needs further study.

Nicotine exposure might change neurotoxicity of other exposures later in life. Slotkin and colleagues found that prenatal nicotine altered neurotoxic changes to noradrenergic, serotonergic and cholinergic systems caused by later exposure to the organophosphate insecticide chlorpyrifos (Slotkin et al., 2015a,b; Slotkin and Seidler, 2015).

Nicotine is not the only nicotinic chemical that causes neurotoxicity. Neonicotinoid insecticides are becoming more widely used. Despite some research that did not find significant neurotoxicity from neonicotinoid insecticide exposure (Sheets et al., 2016) there is experimental evidence that neonicotinoid pesticide exposure like nicotine can cause long-lasting neurobehavioral toxicity after developmental exposure in zebrafish (Crosby et al., 2015) as well as neurotoxic effects in primary neural cultures from developing mice (Kimura-Kuroda et al., 2012) and lasting cognitive impairment after neonatal exposure in rats (Kara et al., 2015). Potential neurotoxic risks of neonicotinoid insecticides for potential neurotoxicity especially with early developmental exposure should be further investigated.



7. Summary and conclusions

Nicotine has proven neurotoxicity with exposure during development, both in pre and postnatal periods as well as during adolescence. The neurobehavioral toxicity caused by prenatal developmental nicotine/tobacco causes locomotor hyperactivity as well as cognitive impairment. Nicotine neurotoxicity during adulthood and aging periods of life appears to be less and there are potential therapeutic uses as a cognitive enhancer that are being investigated.

Primarily, nicotine has been characterized as a developmental neurotoxin. Nicotine exposure during prenatal development causes persisting neural and behavioral dysfunction. The rodent models shed light on the causative impact of nicotine and mechanisms of behavioral impairment. Adolescence is also a vulnerable period for nicotine neurotoxicity. Nicotinic receptor increases with chronic exposure are prolonged in adolescents and they show increased nicotine self-administration vs adults.

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